

Welfare During Freshers' Week

Normally, during term time, we have Peer Support Drop Ins every night from 7-8pm in our Welfare Hub or online, via Skype. Things are a bit different in Freshers' Week so here's a quick guide of the most important things to know!

There are **two drop ins every day** for you to have a chat with a member of the Peer Support Team. These are: 2-3pm, 7-8pm.

The 2-3pm drop ins are **online** and are for **all students**. The 7-8pm drop ins are **in person** and are **only** for Livers In.

For online drop ins, **call us on Skype** using our Skype email address:

pst-johns1@outlook.com

After Freshers' Week, the rota for the PST team will go up every week on Facebook, so keep an eye out on the Current Students FB Page

Izzy is our LGBTQ+ rep

Ealish and Emily are our disability reps

Catherine is the Team Lead

On **Saturday 3rd October at 11am**, we hope to run a **"Walk with Welfare" session** where we will walk round Durham, and maybe pick up a hot chocolate! Keep your eyes out for the meeting place etc. Households unlimited (stay socially distanced please!!)

We also have a "Request a Chat" page on FB where you can request to talk to a member of the team over video conference or arrange a socially distanced face-to-face session at any time. We will get back to you as soon as possible. Please note that we do not provide direct messaging Welfare Support, but use this channel only to organise sessions. You can also email Catherine at johns.welfare@durham.ac.uk to arrange a time.



you are
not
ALONE

REQUEST A CHAT

EMAIL
JOHNS.WELFARE@DURHAM.AC.UK

OR GO TO THE
[@STJOHNSDURHAMREQUESTACHAT](https://www.facebook.com/stjohnsdurhamrequestachat)
FACEBOOK PAGE AND GIVE US A MESSAGE.



24/09 - 04/10

PEER SUPPORT SESSIONS

FIND US :
SKYPE 2-3 PM
THE WELFARE HUB 7-8PM

2-3pm

7-8pm

Thursday
Friday
Saturday
Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Wendy

Michael

Emily

Kylie

Ben

Meg

Ealish

Hannah

Michael

Nat

Ben

Catherine

Catherine

Izzy

Catherine

Catherine

Emerald

Catherine

Catherine

Catherine

Izzy

Emerald

If possible, it would be great if you could let us know if you are planning to attend an in-person 7-8pm session by emailing Catherine at johns.welfare@durham.ac.uk or messaging the Request a Chat page - but don't worry if it doesn't work out like this, you're more than welcome to drop-in too - but please respect room number limits, and bring a mask if applicable.

We can't wait to meet you!

Welfare love x

